

**SEMINOLE COUNTY PUBLIC SCHOOLS  
ATHLETICS – FALL SPORTS GUIDANCE 2020**

<b>Athletic Directors</b>	<b>Protocol Areas for Consideration</b>
Carly Burns, Lyman HS Jen Darty, Oviedo HS Jay Getty, Hagerty HS Scott Gomrad, Winter Springs HS Danya Harris, Lake Howell HS Jerri Kelly, LBHS AD Lakisya Killingsworth, Seminole HS Angela Miller, Crooms AIT Rick Weyers, Lake Mary HS	Athletic Clearance for Participation Practice Organization and COVID Screening Locker Room Facilities Management Athletic Training Room and AT Preventative Measures and Services Game Day Management of Events – The Athletic Contest Venues – Crowds and Spectator Guidelines Venues – Facility Safety Precautions Venues – Concessions and Merchandise Kiosks Ancillary Groups and Athletics Specific Sport Recommendations – FHSAA / SAC COVID Positivity Impacts and Return to Play Sequence

<b>Stakeholders</b>	<b>Athletic Clearance for Participation</b>
Athletic Department Staff Head Coaches / Assistant Coaches SCPS Student-Athletes	EL2 and Completion of AthleticClearance.com Filing and Approval FHSAA / NFHS Course Completions – Coaches and Athletes <ul style="list-style-type: none"> <li>• Concussion in Sports</li> <li>• Sudden Cardiac Arrest</li> <li>• Heat Illness Prevention</li> <li>• COVID-19 for Coaches and Administrators – Coaches Only*</li> <li>• Policy 36 Compliance – Coaches Only*</li> </ul> Home Campus APP – Clearance Review for Tryouts/Attendance Return to Practice (RTP) Plan Acknowledgement Form – Coaches Only*

Stakeholders	Practice Organization and COVID Screening
Head Coach Assistant Coach Student-Athlete	<p>Screening Options / Check-In Process</p> <ul style="list-style-type: none"> <li>• Staggered Arrival of Student-Athletes</li> <li>• Athlete screening in vehicles as an option for off campus practices/sessions.</li> <li>• Multiple Screening Areas</li> <li>• Temperature Scan (100F), General Wellness Statement, Roster Documentation</li> <li>• Problematic Screening Results – Parent Notification, Isolation, Release to Parent</li> <li>• Screening Data to be Maintained with Practice Plans (Football, Head Coach)</li> </ul> <p>Social Distancing Guidelines</p> <ul style="list-style-type: none"> <li>• Masks / Face Coverings must be worn during screening, meetings, and non-activity.</li> <li>• Athletes must maintain social distancing (6') where appropriate and accessible.</li> <li>• Masks / Face Coverings can be removed during physical activity.</li> <li>• Coaches must wear a mask according to district protocol.</li> <li>• Scrimmages and group activity where social distancing is not possible must be limited to 7 minutes in duration.</li> </ul> <p>Practice Completion and Release – Staggered release of groups/teams suggested.</p> <p>Parking Areas – Immediate departure reminders for all participants in programs.</p>

Stakeholders	Athletic Training Room, Preventative Measures and Services
Certified Athletic Trainers – SCPS Student-Athletic Trainers Student-Athletes Head Coaches and Assistant Coaches	<p>Athletic Training Room Guidance and Best Practices Information</p> <ul style="list-style-type: none"> <li>• Student-athletes should wear a face mask/covering at all times while in the athletic training facility.</li> <li>• Athletic trainers should wear a face mask at all times when treating athletes.</li> <li>• Host site athletic training room should not be available for visiting team pregame and postgame treatments.</li> <li>• If team is not traveling with an Athletic Trainer:               <ul style="list-style-type: none"> <li>○ Be considerate of additional contact that will be required and provided by host site.</li> <li>○ Complete all taping/bracing at home if possible.</li> </ul> </li> </ul>

- Host site AT should be contacted prior to trip, and a plan should be formulated on space and procedures for completing any taping and abiding by appropriate hand washing/sanitation activities upon entry and exit and any time they have come in contact with something possibly contaminated.
- Limit number of occupants in the athletic training room at any given time to those on the same team and maintain appropriate physical distancing and facial covering. This will be dependent upon size of the athletic training room and determined by appropriate staff. Room capacity should be posted outside the room, monitored and limits enforced.
- If treatment or rehabilitation of a student-athlete requires use of a taping table or an exam table, the table should be protected and be disinfected after each time it is used, regardless of physical barrier used.
- Treatment/taping tables should be appropriately distanced a minimum of six feet apart whenever possible.
- Consider, weather permitting, taping be performed in an outside environment.
- Clean and disinfect frequently touched surfaces at least daily (more frequently is recommended) and shared objects between each use. Efforts should be made to utilize premade ice bags that can be picked up individualized by the student-athletes that need them to avoid multiple contacts with the ice machine and ice scooper. Bags should be left in an open cooler, if possible, to avoid lid/handle contamination.
- The use of cold or hot tubs should be limited to one individual at a time.
- Cold and hot tubs should be drained, cleansed and disinfected between individual use and at the beginning and end of every day.
- Possible COVID-19 cases should be reported to the COVID manager on your campus and district policy should be followed.
- Sideline evaluations should be kept to a minimum and when it occurs proper PPE should be use. Care should be taken to minimize the number of individuals coming into close contact during the evaluation.
- Hand sanitizer should be readily available in the training room for occupants to use both on entering and exiting. (this is in the travel section, should it be in the body as well?)

	<p>Athletic Training Football Specific:</p> <ul style="list-style-type: none"> <li>• Athletic Trainers/Sports Medicine personnel and student aids will wear masks when social distancing cannot occur.</li> <li>• Athletic Trainers will designate someone to fill up athlete’s personal water bottles to minimize contact. This individual should wear gloves and change them when soiled. Avoid making contact with individuals if contact is made gloves need to be replaced.</li> <li>• All water dispensing containers will be cleaned and disinfected after each use.</li> </ul>
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Stakeholders	Game Day Management of Events – The Athletic Contest
<p>Administrative Team            Event Management / Tickets            Press Box, Media, Coaching Staff            Home Team            Visiting Team            Officials Crews            Athletic Training Staff Members</p>	<p>All event personnel must be screened prior to entering the facility.</p> <p>Administrative Responsibilities</p> <ul style="list-style-type: none"> <li>• Secure Area Entrance and Exit</li> <li>• Monitor Social Distancing Adherence to Guidelines</li> <li>• Assist with Screening and Collection of Documentation (Staff, Teams, Officials)</li> </ul> <p>Ticket Staff and Pass Gate</p> <ul style="list-style-type: none"> <li>• Gates Open – 60 Minutes prior to start for football, 45 Minutes all other sports.</li> <li>• Gate 1 – Electronic Ticketing – Center Entry</li> <li>• Gate 2 – Tickets (Pre-Paid) Collection – Right Entry</li> <li>• Gate 3 – Pass Gate – Left Entry</li> </ul> <p>Ticketing Options</p> <ul style="list-style-type: none"> <li>• GoFan Platform – usage of QR code kiosks on entry walkway for spectators.</li> <li>• School Coordination between Athletic Directors for Home/Away balance of allocated tickets.</li> <li>• Set capacity management per SCPS as designated by the host school.</li> </ul> <p>The Press Box Layout</p> <ul style="list-style-type: none"> <li>• Inside: Announcer, Spotter, Official, Broadcast/Streaming – 4 Total</li> <li>• Outside: Home Coaches (2), Visiting Coaches (2), Video/Filming (2)</li> <li>• Masks / Face coverings are required for all individuals.</li> <li>• Announcer will provide continuous reminders for Social Distancing.</li> </ul> <p>Designated Entrance Areas – Spectators, Teams, Ancillary Groups, Officials, Media</p>

Designated Inclement Weather Areas – Home Team, Visiting Team, Ancillary Groups  
Chain Crew – Must wear mask / face covering at all times.

Home Team

- Wellness screening documentation submitted to designated administrator.
- “Wellness” documentation will include a roster of all team members and staff present for the contest.
- Athlete Training Bag (Personal Items, Water Container)
- Staggered usage of locker room prior to and post game, no halftime usage.

Visiting Team

- Wellness screening documentation submitted to designated administrator.
- “Wellness” documentation will include of roster of all team members and staff present for the contest.
- Athlete Training Bag (Personal Items, Water Container)
- No locker room facility access.

Officials

- Designated entrance, full COVID screening prior to exit of vehicle.
- COVID screening documentation submitted to designated administrator.
- Mask / Face Covering is required prior to and post game.
- Review of officials area or facility for Pre-Game, Halftime, and Post Game.

Stakeholders	Venues – Crowds and Spectator Guidelines – PSA Sample
<p>General Public Student Body Announcer</p>	<p>Welcome to tonight’s/today’s contest between the visiting _____ and your _____.</p> <p>As you enjoy the contest, please be aware of the following protocols for your safety and the safety of those around you. _____ High School asks that all spectators – wear a mask or face covering at all times while maintaining social distancing in appropriate areas of the venue. There will be no standing on the fence line or walkway areas of the stands.</p> <p>Hand sanitizing stations are located throughout the facility for your convenience.</p> <p>Athletic administrators and officials reserve the right to suspend play until adherence to the safety protocols of the facility. Thank you for your assistance! Let them Play!!</p>

Stakeholders	Venues – Crowds and Spectator Guidelines
<p>General Public Student Body</p>	<p>Facilities will display wellness information on the grounds, as well as broadcast wellness and social distancing reminders during the contest for spectators.</p> <p>Masks / Face coverings must be worn at all times inside the facility.</p> <p>Student Section – clearly marked area with social distancing signage.</p> <p>All spectators are required to utilize the seating availability in the stands.</p> <p>No standing on fence lines or walkway areas in the stands.</p> <p>Athletic Administrators and/or the Officials reserve the right to suspend play until adherence to safety protocols and guidance.</p>

Stakeholders	Venues – Facility Safety Precautions
Facility Support Staff Custodial Staff Administrative Staff	<p>Hand Sanitizing Stations</p> <ul style="list-style-type: none"> <li>• Ticket Areas – Prior to Entry Area, immediately inside of Entry Area</li> <li>• Restrooms – Outside of Restrooms</li> <li>• Concession Stand – Common Area</li> <li>• Home Sideline, Away Sideline, Ancillary Group Areas</li> </ul> <p>Social Distancing Signage – Masks / Face Coverings, Distancing, Occupancy</p> <p>Restrooms – Capacity Signage and Hand Sanitizing Area</p> <ul style="list-style-type: none"> <li>• Custodians will maintain restrooms and use district protocols for sanitation.</li> </ul> <p>Common Areas of Facilities – Social Distancing Signage and Hand Sanitizing Areas</p> <p>Security and EMS Support – coverage verification at beginning of each week.</p>

Stakeholders	COVID Response and Return to Play Sequence
Student-Athletes Head Coaches / Assistant Coaches Officials Crews Administrative Teams Game Day Staffing	<p>Individuals failing a screening review should be sent to a designated isolation area.</p> <p>Individuals failing a screening review should vacate the premises if possible.</p> <p>Individuals failing a screening review should quarantine or be tested for COVID-19.</p> <p>Individuals testing positive for COVID-19 should follow local guidelines from the Seminole County Department of Health and the Centers for Disease Control.</p> <p>Student-Athletes testing positive for COVID-19, prior to return:</p> <ul style="list-style-type: none"> <li>• Evaluation by PCP, Healthcare Provider or Physicians Release Recommended</li> <li>• Follow a scripted gradual acclimatization period back to sports participation.</li> </ul> <p>Exposure guidance should reflect current trends from local health departments and the CDC, at present this guidance is defined as 15 minutes within 6’ with or without face coverings for the individuals in a cumulative time period. For example: 1 – 15 minute period, 2 – 7:30 periods, 3 – 5 minute periods, etc.</p>

Stakeholders	Venues – Concessions and Merchandise Kiosks
General Public Student Body	Signage for Social Distancing Reminders Concession Staff / Servers will use mask / face coverings and gloves at all times. Pricing points to reduce the usage of coins for change if cashless is not an option. Use of pre-purchased packages of items. FanFood Online Platform option for ordering and pickup of items. Pre-Packaged items only for sale at concessions stands – Drinks, Candy, Etc. Outside vendors as sole source of concession sales and items – Food Truck. Merchandise kiosks for groups (Boosters, PTSA, etc.) will not be permitted in the venue.

Stakeholders	Ancillary Groups and Athletics
Band Cheerleading Dance ROTC – National Anthem	Dance – Performance/participation options will vary based on school based decisions. <ul style="list-style-type: none"> <li>• Masks / Face Coverings must be worn during screening, meetings, and non-activity.</li> <li>• Performers must maintain social distancing (6’) where appropriate and accessible.</li> <li>• Masks / Face Coverings shall be removed during physical activity.</li> </ul> ROTC – Color Guard Unit for National Anthem – Entrance, Commands, Exit of Facility <ul style="list-style-type: none"> <li>• Masks / Face Coverings must be worn at all times.</li> </ul> Cheerleading – Social Distanced on Track (Home Stand Length) <ul style="list-style-type: none"> <li>• Home / Away participation with the county, outside of the county participation is dependent upon the established guidelines of the home district.</li> <li>• Masks / Face Coverings must be worn during screening, meetings, and non-activity.</li> <li>• Athletes must maintain social distancing (6’) where appropriate and accessible.</li> <li>• Masks / Face Coverings shall be removed during physical activity.</li> </ul> Band – Social Distanced in Designated Location – Home School Only. <ul style="list-style-type: none"> <li>• High Jump Aprons – Chairs for Participants, Pep Band, Reduced Capacity</li> <li>• Stands may be utilized based upon available social distancing space.</li> <li>• Masks / Face Coverings must be worn during screening, meetings, and non-activity.</li> <li>• Performers must maintain social distancing (6’) where appropriate and accessible.</li> <li>• Masks / Face Coverings shall be utilized based upon instrument guidance.</li> <li>• There will be no halftime performance during the 12 minute duration of time.</li> </ul>



Stakeholders	Sport Specific Recommendations
Bowling Cross Country Football Golf Sideline Cheerleading Slow-Pitch Softball Swimming / Diving Volleyball (G)	Per FHSAA Guidance on Considerations for Safe Participation Seminole Athletic Conference – Addendums and Recommendations No Handshakes and High Fives at any time by coaches and athletes. Invationals / Tournament Hosting <ul style="list-style-type: none"> <li>• Field limitations for events shall be based upon facility social distancing capabilities.</li> <li>• Staggered game times for crowd / team control and management is encouraged.</li> <li>• No overnight trips for athletic contests during the regular season.</li> <li>• No travel restrictions for outgoing teams or incoming teams.</li> </ul>

Stakeholders	Sport Specific Recommendations
Bowling	All guidelines for sport participation subject to facility specific requirements. Masks / Face Coverings are required for all spectators at all times. Masks / Face Coverings are encouraged for athletes while inside the circle. A vacant lane or empty lane should separate competing teams in the facility. Only 5 competitors and a coach should be in the circle during the competition. Social distancing should be maintained where permissible in the facility. Isopropyl Alcohol will allowed during competition. Athlete Training Bags should include fluids, food, and gear for the contest. Hydration recommendation at a minimum is a one quart container, clearly marked. Hand Sanitizing Stations should be available for all spectators and competitors.

Stakeholders	Sport Specific Recommendations
Cross Country	<p>All guidelines for sport participation subject to facility specific requirements.</p> <p>Masks / Face Coverings are required for all spectators at all times.</p> <p>Team tents should be 10’ apart in staging areas of the facility for the meet.</p> <p>Course width should be adjusted to the widest available option for all courses.</p> <p>Coaches meeting should be online prior to the event.</p> <p>Timing of the meet should be via FAT to limit the need for chute workers.</p> <p>Only one coach may be present near the finishing coral to assist with athletes.</p> <p>Athletes must transition immediately back to team tent areas after finishing the race.</p> <p>Awards will be sent to teams based upon published electronic results.</p> <p>Athlete Training Bags should include fluids, food, and gear for the meet.</p> <p>Hydration recommendation at a minimum is a one quart container, clearly marked.</p> <p>Hand Sanitizing Stations should be available for all competitors and spectators.</p>

Stakeholders	Sport Specific Recommendations
Football	<p>Staggered locker room usage and arrival on field for pregame warmup periods.</p> <p>Athlete Training Bags should include fluids, food, and gear for the contest.</p> <p>Hydration recommendation at a minimum is a one quart container, clearly marked.</p> <p>Coin toss should be limited to minimal participants necessary.</p> <p>Players box, 10 – 10 yard lines – all players should maintain social distancing.</p> <p>Players may wear a mask when not participating in the contest on the sideline.</p> <p>Footballs should be sanitized on a regular basis and rotated as often as possible.</p> <p>Players should sanitize their hands on a regular basis.</p> <p>Halftime duration is 12 minutes in length.</p> <p>Teams should exit the field of play immediately following the contest.</p> <p>Dirty gear/cloth shall be placed in a bag for travel home or prior to the laundry of items.</p> <p>Inclement weather plans must incorporate social distancing to ensure participant safety.</p> <p>Facilities will be sanitized following the contest.</p>

Stakeholders	Sport Specific Recommendations
Golf	<p>All guidelines for sport participation subject to facility specific requirements.</p> <p>Athlete Training Bags should include fluids, food, and gear for the contest.</p> <p>Hydration recommendation at a minimum is a one quart container, clearly marked.</p> <p>Expedite play on the green, hole out, and move on to next hole.</p> <p>Clean and disinfect clubs and ball between holes.</p> <p>Clean and disinfect scoring device between holes, FHSAA Golf APP usage.</p> <p>Hole-by-Hole scoring recommended.</p> <p>Coaches may not caddy.</p> <p>Spectators should remain at least 50' from any player or group.</p>

Stakeholders	Sport Specific Recommendations
Sideline Cheerleading	<p>Athlete Training Bags should include fluids, food, and gear for the contest.</p> <p>Hydration recommendation at a minimum is a one quart container, clearly marked.</p> <p>Social distancing should be observed at all times in the area provided.</p> <p>Stunting should be limited and hand sanitizing should occur before and after stunts.</p> <p>Facility preparation should occur prior to the contest and mats sanitized after placement.</p>

Stakeholders	Sport Specific Recommendations
Slow-Pitch Softball	<p>Athlete Training Bags should include fluids, food, and gear for the contest.</p> <p>Hydration recommendation at a minimum is a one quart container, clearly marked.</p> <p>Social distancing should be observed at all times in the area provided.</p> <p>Masks must be worn in the dugout at all times and may be removed in the field of play.</p> <p>Softballs and bats should be sanitized on a regular basis.</p>

Stakeholders	Sport Specific Recommendations
Swimming / Diving	<p>All guidelines for sport participation subject to facility specific requirements.</p> <p>Athlete Training Bags should include fluids, food, and gear for the contest.</p> <p>Hydration recommendation at a minimum is a one quart container, clearly marked.</p> <p>Social distancing should be observed at all times in the area provided.</p> <p>Coaches meeting with officials should be limited to essential personnel.</p> <p>Lap counters and judges should be one per lane.</p> <p>Warm-up areas should be designated by team.</p> <p>Team tent areas should be 10' apart on the deck based on area available for space.</p> <p>Athlete clerking should be eliminated.</p>

Stakeholders	Sport Specific Recommendations
Volleyball	<p>Athlete Training Bags should include fluids, food, and gear for the contest.</p> <p>Hydration recommendation at a minimum is a one quart container, clearly marked.</p> <p>Captains meeting shall be limited to Head Coach (2), Captains (2), and the Officials (2).</p> <p>Teams will remain on the same bench for the entire contest, unless the officials deem that an unfair advantage exists.</p> <p>Visiting team serves to start the contest, with alternating serving starts until game five.</p> <p>Coin toss will determine the serving start for the final game.</p> <p>Bench athletes should be social distanced based in spaced available <u>OR</u> wear a mask.</p> <p>Officials table will consist of minimal staffing – Scorer, Tracker, Timing.</p> <p>Visiting team book will be kept on the bench of the visiting team.</p> <p>Balls should be sanitized on a regular basis using the Three (3) Ball System.</p>