

# Lake Howell High School

## Spring Tryout Dates

**Prior to tryout date athletes MUST have a completed physical packet turned into the athletic office. No exceptions.**

**Do not turn a physical packet into any coaches.**

**Girls/Boys Tennis– Coach Bassinger-** amy\_bassinger@scps.k12.fl.us

Tryouts Dates: 1/21-24 2:45-4:45 @ Tennis Courts

You must have your own racquet to tryout

**Softball– Coach Krehling-** thomas\_krehling@scps.k12.fl.us

Tryouts Dates: 1/20 1:00 @ Softball Field

**Boys Lacrosse– Coach Ayad-** mark\_ayad@scps.k12.fl.us

Tryouts Dates: 1/20 time TBA

Practices will be Monday-Saturday

**Girls Lacrosse– Coach Ziobro-** ziobroba@scps.k12.fl.us

Tryouts Dates: 1/27 4:00 and 1/28 3:00 @ Stadium

**Baseball– Coach Lyon-** Lincoln.lyon@yahoo.com

Tryouts Dates: 1/20 10:00 @ Baseball field

**Girls/Boys Track– Coach Vernet/Coach Martin-** vernetmz@scps.k12.fl.us martinmz1@scps.k12.fl.us

Tryouts Dates: 1/21 2:45-5:00 Walk on @ Stadium

**Boys/Girls Water Polo– Coach Caron–** scott@silverhawkaquatics.com

Tryouts Date: 1/21 4:30-6:00 @ the Aquatics Center

**Boys Volleyball– Coach Lemman–** scott\_leman@scps.k12.fl.us

Tryouts Dates: 2/3—2/5 3:00-5:00



### Athletic Office Contact Information

Athletic Director	Danya Harris	danya_harris@scps.k12.fl.us	407-746-9057
Athletic Secretary	Jo Ann Hernandez	joann_hernandez@scps.k12.fl.us	407-746-9011