

LAKE HOWELL HIGH SCHOOL

WINTER TRYOUT DATES

Prior to tryout date athletes **MUST** have a completed physical packet turned into the athletic office. No exceptions.

*****Do not turn a physical packet into any coaches.*****

Girls Weightlifting

Coach Myers

Jeffrey_Myers@scps.k12.fl.us

Practice begins 10/8 at 2:45 in Weight room

Competitive Cheer

Coach Kennedy

elishak78@yahoo.com

Tryouts Date: 10/15 at 5PM in the MPR

Girls Soccer

Coach Blackwood

sblackwood.mackwood@gmail.com

Tryouts: 10/22 and 10/23 at 3:30

Building 4 Practice Field

Boys Soccer

Coach Betsinger

scott_betsinger@scps.k12.fl.us

Tryouts: 10/22, 10/24, 10/26 at 3PM

10/23, 10/25 at 5PM

All on Track/Turf

Girls Basketball

Coach Duren

durencm@scps.k12.fl.us

Tryouts: 10/29 at 2:30 in the Gym

All Girls

Boys Basketball

Coach Sutton

suttonmt@scps.k12.fl.us

Tryouts: 11/5 and 11/6 in the Gym

JV/F 4:30 V 6:00

Boys/Girls Wrestling

Coach Eric Poyner

poynerew@scps.k12.fl.us

Practice begins 11/6 in the MPR